



Repaying the Kindness

Respite for Carers

The Old Courthouse
43 Renfrew Road
London SE11 4NA
+44 (0) 207 820 9020
charity no. 1091604

Programme for Carers Jan-Mar 2010

We work on a basis of donation, however if you are unable to donate, this is fine too. All our events include a delicious vegetarian meal or snack!

JANUARY

Wed 13 Jan, 2:00–5:00pm
at: Kaguy Samye Dzong *

Gentle Yoga with Cathy
suggested donation: £2.50

FEBRUARY

Thu 11 Feb, 10:00am–3:30pm

OUTING: Houses of Parliament
(max. 26 places)
suggested donation: £ 3.50

Mon 15 Feb, 10:30am–3:30pm
at: The Old Courthouse

Arts & Craft with Stephen
(making postcards)
suggested donation: £ 3.00

MARCH

Mon 15 Mar, 10:30am–3:30pm
at: The Old Courthouse

Arts & Craft with Stephen
(Diary Day)
suggested donation: £ 3.00

(* Yoga event address: Kagyu Samye Dzong, 33 Manor Place, London SE17 3BD)

Please Turn Over >>>

for more info about the events and how you can attend

repayingthekindness@gmail.com
www.repayingthekindness.org