

# Gentle Voice

the newsletter of Jamyang Buddhist Centre

May 2010



## In This Issue

Lama Thubten Yeshe  
Programme highlights  
This month at Jamyang  
Geshe Tashi's column  
Sally's column  
Yushu earthquake  
Light of the Path  
Mantras for Protection  
Ordained Sangha  
IMI looking after Sangha  
Kalachakra Initiation  
Buddha statue appeal  
National Family Week  
Children's activities  
The Buddhist Family  
Presentation Training  
Buddhist Chaplains  
New Tibetan movie  
About FPMT  
Your thoughts for Gentle Voice

## Quick Links

[Jamyang Website](#)

[Current Programme](#)

[Talking Buddhism](#)

[The Foundation Study Course](#)

[The Lamrim Chenmo Study Course](#)

[FPMT](#)

## Editor's welcome

Hello from a Jamyang about to start working through the Four Noble Truths with Geshe Tashi.

These teachings really are the heart of the Buddha's message to us - that each and every one of us has the potential to develop to our fullest extent and that process can start right now. We are not inherently flawed, at heart we have the potential to become fully enlightened. It is our birthright, and no one and nothing can take it away. That is quite some message in a world where we are often given the impression that we cannot really change or grow or sort out the nonsense in our head.

In this issue we share with you His Holiness the Dalai Lama's thoughts on the difference between love and attachment, something quite a few of us don't quite seem to have got right yet !

In this edition we share announcements, appeals, articles on the renuciate Sangha and the IMI, on kids and families and so on. There is a lot in this edition of Jamyang London's e-magazine, hopefully something of interest for most of our readers.

There are lots of other things happening at Jamyang over the next few months so please take time out to nurture your spiritual side. Remember the suggested donations are just that - we never turn people away for lack of money - and please don't not come because you can't afford it. That is so not what we are about. Don't count yourself out of participating in one of the events here simply because you are currently strapped for cash.



Finally whether you are here with Geshela for the Bank Holiday weekend or at home or with friends, have a wonderful relaxing time and rejoice in all the good things that people do.